



APPENDIX A.

Menus.

| | Breakfast | Dinner | Tea | Supper |
|---------|---|---|---|--|
| 1st Day | Fried potatoes Milk or milky tea Bread and jam | Mixed Vegetable Hotpot Baked bread pudding | Milky tea Bread, butter or margarine Cheese | Cocoa Bread, butter or margarine |
| 2nd Day | Porridge, milk & sugar or treacle Bread, butter or margarine Milk or milky tea | Roast beef or mutton Potatoes Greens Raw fruit | Brawn or fish paste Watercress or lettuce Milky tea | Cocoa Bread butter or margarine |
| 3rd Day | Porridge, milk & sugar or treacle Bread, butter or margarine Milk or milky tea | Savoury Mince Boiled beetroot Boiled potatoes Fig pudding Custard | Cheese & potato pie Bread, margarine or butter Milky tea | Cocoa Bread, butter or margarine |
| 4th Day | Bacon & fried bread Milk or milky tea | Thick Vegetable Soup Chocolate rice pudding | Scrambled eggs & oatmeal on toast Bread, margarine or butter Milky tea | Cocoa Bread, butter or margarine |
| 5th Day | Porridge, milk & sugar or treacle Bread, butter or margarine Milk or milky tea | Baked fish & tomatoes or peas Fruit charlotte | Cheese & watercress Milky tea Bread, margarine or butter | Cocoa Bread butter or margarine |
| 6th Day | Fried potatoes Bread and jam Milk or milky tea | Liver & Onion stew Treacle or jam tart | Kippers or herrings or herring roes fresh or canned Bread, butter or margarine Milky tea | Cocoa Bread, butter or margarine |
| 7th Day | Porridge, milk & sugar or treacle Milk or milky tea | Cheese & carrot salad Steamed jam pudding | Potatoes in their jackets & margarine Bread, butter or margarine Milky tea | Cocoa Bread, butter or margarine |
| 8th Day | Porridge, milk & sugar or treacle Bread, butter or margarine Milk or milky tea | Sausages Mashed potatoes Tomatoes or greens Milk pudding & dried fruit | Cheese dreams Bread, butter or margarine Milky tea | Cocoa Bread, butter or margarine |

FOOD IN AN EVACUEE HOSTEL, 1940

REFERENCE: BA/C/TC/4/3/626 | SUGGESTED AGE GROUPS: KS2, KS3, KS4, LIFELONG LEARNERS | TOPIC AREAS: FOOD & COOKERY, WW2

EVACUATIONS DURING WORLD WAR 2

During the Second World War children were evacuated from large cities and sent to the country or towns which were considered safer. Many children were evacuated from Newcastle to North Northumberland to places including Berwick, Wooler and Belford. Most children stayed with families but sometimes this wasn't possible and so they stayed in hostels.

THE MENU

This is a menu for a hostel which was drawn up in 1940. It covers 8 days and suggests what can be served for breakfast, dinner tea and supper. It is quite varied and would at times have been more than the children would have received at home. It contains lots of protein and dinner was always a main course and a pudding.

RELATED DOCUMENTS

[Timetable of activities for children in a hostel BRO 794/92/4](#)



OTHER ONLINE RESOURCES

Imperial War Museum website, page about child evacuation: <https://www.iwm.org.uk/history/the-evacuated-children-of-the-second-world-war>

You Tube website, British Pathe film of children being evacuated: <https://www.youtube.com/watch?v=ZPs8hbksOg8>

BBC Teach website, includes radio report of evacuation and interviews with children and host families: <https://www.bbc.co.uk/teach/school-radio/history-ks2-world-war-2-clips-ww2-evacuation-index/zvs3scw>



LEARNING ACTIVITIES – FOOD IN AN EVACUEE HOSTEL, 1940

TOPIC: FOOD & COOKERY, WW2

SUBJECT AREAS: COOKERY, HISTORY, LITERACY

| APPENDIX A | | | | |
|------------|---|--|--|--------------------------------------|
| | Breakfast | Dinner | Tea | Supper |
| 1st Day | Fried potatoes Milk or milk tea Bread and jam | Meat Vegetables Baked bread pudding | Milk tea Bread butter or margarine Cheese | Coconut butter or margarine |
| 2nd Day | Porridge, milk & sugar or treacle Bread butter or margarine Milk or milk tea | Roast beef or mutton pudding New Fruit | Tea or Fish pudding Margarine or butter milk tea | Coconut butter or margarine |
| 3rd Day | Porridge, milk & sugar or treacle Bread butter or margarine Milk or milk tea | Swampy gibbe Baked potatoes Put in potatoes Put in pudding Custard | Onions & potato pie Bread butter or margarine Milk tea | Coconut butter or margarine |
| 4th Day | Warm & Fried bread Milk or milk tea | Thin Vegetables Soup Chocolate pie pudding | Spiced Ham & oatmeal Sauce Bread butter or margarine Milk tea | Coconut butter or margarine |
| 5th Day | Porridge, milk & sugar or treacle Bread butter or margarine Milk or milk tea | Baked Fish & vegetables or pudding | Onions & potatoes Milk tea Bread butter or margarine of butter | Coconut butter or margarine |
| 6th Day | Fried potatoes Bread and jam Milk or milk tea | Liver & Onion steak Bread or jam pudding | Slices of pudding or bread Bread butter or margarine Milk tea | Coconut butter or margarine |
| 7th Day | Porridge, milk & sugar or treacle Milk or milk tea | Cheese & carrot pudding Bread jam pudding | Potatoes in their jackets & margarine Bread butter or margarine Milk tea | Coconut butter or margarine |
| 8th Day | Porridge, milk & sugar or treacle Bread butter or margarine Milk or milk tea | Roast pig Lentils or green Milk pudding or oatmeal | Onion & green tomato pudding Milk tea | Coconut butter or margarine |

| Background | Activity | Resources |
|--|--|---|
| <p>During the Second World War children were evacuated from large cities and sent to the country or towns which were considered safer. Many children were evacuated from Newcastle to North Northumberland to places including Berwick, Wooler and Belford. Most children stayed with families but sometimes this wasn't possible and so they stayed in hostels.</p> | <p>See: What were evacuations during the Second World War?</p> <p>See: Where is this menu from?</p> <p>See: What does this menu call the different meals of the day?</p> <p>See: What types of foods were served for each meal?</p> | <p>https://www.chroniclive.co.uk/news/history/north-east-memories-day-world-11816858</p> <p>https://www.iwm.org.uk/history/the-evacuated-children-of-the-second-world-war</p> <p>https://www.nationalarchives.gov.uk/help-with-your-research/research-guides/evacuees/</p> <p>https://www.thehistorypress.co.uk/articles/the-evacuation-of-children-during-the-second-world-war/</p> |
| | <p>Think: Why were children evacuated during the Second World War?</p> <p>Think: Who else, other than children, were evacuated during the Second World War?</p> <p>Think: What types of areas were people evacuated from?</p> <p>Think: What types of areas were people evacuated to?</p> <p>Think: Why were children evacuated from Newcastle to North Northumberland?</p> <p>Think: Why did some children have to stay in evacuee hostels?</p> | |



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| | <p>Think: How would being evacuated make you feel? Would this change depending on if you were evacuated to a hostel or a host family?</p> <p>Think: Do you think the children in the hostel were well fed?</p> <p>Think: Do you think the meals in the hostel were similar to what the children would have eaten at home?</p> | |
| | <p>Do: Do you live in an area that people would have been evacuated to or from? Take a survey of the people around you to find out the most popular answer. Plot the answers on a bar chart.</p> <p>Do: Can you find evidence online of people being evacuated to or from your area?</p> <p>Do: Look at the Imperial War Museum's evacuation posters. Design a poster to encourage parents to evacuate their children.</p> <p>Do: Write the script for a conversation between two evacuees, one who has been evacuated to a host family and one to a hostel. Think about their different experiences and how they may feel about them.</p> <p>Do: Choose one of the dishes from the hostel menu, come up with a recipe for it and have a go at making it.</p> | |